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## MAHALAYA PAKSHAM / MAHALAYA AMAVASAI / PITRU AMAVASAI

### **Belief:**

It is believed that after the death, the soul would remain in an intermediate world (loka) known as the Pitru loka. The soul stays in the pitru loka until the fourth descendant enters the same and once the fourth descendant comes, the first soul would move to the heaven or the swarga loka. So at any given time only three generations of the soul would reside in the pitru loka. This world is governed by Lord Yama. It is believed that the souls of the ancestors would come down and reside with the descendants in their home during this period and hence one should perform the traditional ritual to satisfy the ancestors.

### **Tradition:**

**Mahalaya Amavasai** or **Pithru Amavasai** is the new moon day of **Pithru Paksham** or **Mahalaya Paksham**, the fortnight which is especially sacred for offering oblations to the departed ancestors. It is believed that performing Tarpanams during the auspicious **Mahalaya Paksham** will bless your ancestors and will free them from all their sins.

Each day in the **Mahalaya Paksham** is ruled by a particular Tithi or Moon Phase and the benefits of offering Tarpanam on each day are different. **Mahalaya Amavasai** is the last day of the **Mahalaya Paksham**, which is considered as the most important day in the year for performing obsequies and rites and on this day people donate food, clothes etc.

Appreciate Your Departed Ancestors on **Mahalaya Paksham 2015**. Donating food is considered to be the greatest charity of all the charities and it is believed that whoever donates food will attain an 'elevated status'. There is an interesting legend highlighting the importance of donating food from the great epic Mahabharata.

### ***The legend for ancestors coming down during this period is as follows:***

After Karna the well known donor, who had never said 'no' as answer for anything that was asked of him, died and was taken to heaven. He was offered gold and silver as food. Karna was hungry and wanted to have normal food that he can eat. He approached Indra and asked the reason for not being served with normal food. Indra



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replied that you have donated all the items that people wanted but never had a chance to donate food and hence was not offered the normal food. Karna prays to Indra for a remedy and asks him to allow him to return to earth and donate rice and other eatables. Indra agrees and it is believed that Karna came to earth on these days and has donated the food. After which it is believed that ancestors would return to earth on these days and hence the ritual of Shraadh is performed on these days.

**Hence this period is now known as Pitru Paksham.**

***Mahalaya Paksham: The Ancestors' Time:***

Great enlightened beings, who have turned their body into light, visit the earth daily in their light form. Our departed ancestors also come and stay on this earth plane for 15 days in a year in our body, mind and soul and can change all these 3 positively. Even Gods cannot do what these ancestors can do for you; in fact, Gods ask you to go through your ancestors for blessings. These auspicious 15 days of Mahalaya Paksham in 2015, is the most important two week period to appreciate your departed ancestors.

***The Annual 15 Moons of Mahalaya:***

The Maha Ancestral ritual spans from the 1st Moon till the Amavasai and each day is ruled by a specific phase of the Moon.

Moon Phase or Tithi	Benefits of Specific Moon Phase Tarpanams
1st Moon	Gives Wealth
2nd Moon	Grants the Continuation of Lineage
3rd Moon	Gives Business Prosperity
4th Moon	Gives Ability to Overpower Enemies
5th Moon	Grants All- over Prosperity
6th Moon	Grants a Solid Reputation
7th Moon	Secures Inner Strength and Spirituality
8th Moon	Blesses with Intelligence



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9th Moon	Open Up to Receive Support from Women
10th Moon	Grants Success in Your Profession
11th Moon	Grants Children Prosperity and Intelligence
12th Moon	For Continuation of Lineage and Success from Education
13th and 14th Moon	Get blessed own vehicles, Peace and Longevity
New Moon(15th Moon)	If you miss any of the above days, Amavasai is mandatory. This is also an essential day for doing Tarpanam for those who died due to weapons or accidents. During this day, the known and unknown souls that have departed during the last 30 years are treated equal to God

Have you ever felt that for no apparent reason, you are constantly suffering? You are a pious, God-fearing person, you do not indulge in back-biting or wrong doing consciously, yet you or your family members are always undergoing one or the other type of problems. Astrology has a perfect explanation to this problem. It is due to the fact that the soul of our ancestors & departed forefathers does not get peace (Shanti). If knowingly or unknowingly our ancestors have done some mistakes, they are reflected in our Horoscope as Pitru Dosham or Pitra Rina and being their off springs we are destined to suffer from their bad effects. Because of the malefic effect of the inflicted planets, benefic planets also stop giving favorable results.

## INDIA

September 27, 2015 - Purnima Shraadh (Poorva Proshtapadha)

September 28, 2015 - Mahalya Pithru Paksham begins (Prathama) - Uthara Proshtapadha

September 29, 2015 - Dwitiya Shraadh (Revathi)

September 30, 2015 - Tritiya Shraadh (Ashvini)

October 1, 2015 - Chaturthi Shraadh (BharaNi)



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October 2, 2015 - Panchami Shraadh (Krithika Upari RohiNi)  
September 3, 2015 - Sashti Shraadh (RohiNi Upari Mrigasheero)  
September 4, 2015 - Saptami Shraadh (Aardhra)  
September 5, 2015 - Ashtami Shraadh (Punarasu)  
September 6, 2015 - Navami Shraadh (Punarvasu)  
September 7, 2015 - Dashami Upari Ekadashi Shraadh (PushyA)  
September 8, 2015 - Ekadashi Shraadh (Aslesha)  
September 9, 2015 - Dwadashi Shraadh (Magha)  
September 10, 2015 - Trayodashi Shraadh (Poorva PhalguNi)  
September 11, 2015 - Chathurdashi Shraadh (Uthara PhalguNi)  
September 12, 2015 - Mahalaya Sarva Pithru Amavasi - Most important day of Shraadh (Hastam)

**Pitru Dosham is due to any of the following main reason, and there may be others.**

Bad deeds (bad karma ) of our ancestors in earlier life, knowingly or unknowingly, are embarrassing their souls,

- Bad deeds ( bad karma ) of children, knowingly or unknowingly, are embarrassing the soul of ancestors,
- Lack of fulfillment of parental desires of our ancestors,
- A sudden and unnatural death of any relative ancestors in early age,
- If someone fails to remember and honor the ancestors properly,
- If certain wishes are remained attached with the soul of the ancestors, etc.

Pitru Dosh occurs if any ancestors up to the 7th generation on the fathers side and up to the 4th generation on the mothers side have expired at an early age or have had an unnatural death.

**Daily Mahalaya Tharpana Sankalpam begins on next pages.....**



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## Mahalaya Mantra Sankalpam (INDIA)

Beginning September 28, 2015 (Prathamai) to 12.10.2015 (Amavasai)

As per the vedic panchangams

Begin with Achamanam., Shuklam Bharatharam..., Om Bhu:, Mamopaktha.. prEetharththam,

apavihra: pavithrovA sarvAvasthAm gathopivA yasmareth, puNdareekAksham sapAhya abhyanthara: suchi:  
mAnasam vAchikam pApam karmaNAm samupArjitham sree rAma smaraNenaiva vyapopathi nasamsaya: sri  
rAma rAma rAma thithirvishNu: thathAvAra: nakshathram vishNurevacha yogashchaiva karaNamchaiva sarvam  
vishNumayam jagathu sri gonvinda govinda govinda

adhyashri bhagavatha: mahA purushasya vishNor AgnayA pravarthamAnasya adhyabhrummaNa: dhvitheeya  
parArdhe shvetha varAha kalpe vaivasvatha manvantharey ashtA vimshathi thame kali yuge prathme pAdhe  
jambhUdhweepe (for North America - krounchadhweepe) bhAratha varshe bhArathakaNte (for North America -  
aindrakanNte) mero: dakshNe (for North America - paschime) pArrshvey sakAbdhey asminnu varthamAne  
vyAvahArike prabhavAdeenam shashtyA samvatsarANAm madhye

Recite the Sankalpa Mantram of each particular day – next sheet

After the Sankalpa mantram which is ending in “PuNyatithou”, then

PrAchEnAvEthE..... (put pooNal in the wrong side – Right shoulder)

**Main TharpaNam** (<http://www.saveca.ca/AmmaVasaiTharpanam.htm>)

After GothrANAm SharmaNAm....., PrapitAmahEnAm or PrapitAmahischa.....

Ubhaya vamsha pithruNAm thathu thathu gothrANAm thathu thathu sharmaNAm pithrubhya  
mAtulAdi vargadhwaya avashishtAnAm sarveshAm kAruNika pithruNAm akshayya thriptyartham  
/ (from Oct 2 add after thriptyartham) - kanyAgathe savitari AshADyAhA panchama aparapaksha  
prayuktha mAhaAlaya paksha puNyakAle sakAruNika vargadhwaya pithrun udhisyya pakShEya  
mAhaAlaya srArdham tila tarpaNa roopeNa adhya karshye.

Now throw **only** the chila kattai darbhai held round the fingers, **hold** pavithram for next step

Change position of pooNal to the left shoulder (usual mode), touch water with finger (Apa Upa  
Prashya), then Change position of pooNal to right shoulder (Praacheenaaveeti).....,

**Then go to AvAhanam # 5, follow the link** <http://www.saveca.ca/AmmaVasaiTharpanam.htm>



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**DAILY MAHALAYA PAKSHA SANKALPA MANTRAM - 2015 - INDIA (COMPILED BY VISH ANANT)**

**BEGINS FROM PRATHAMAI TO AMAVASAI (15 DAYS), CONCLUDES ON AMAVASAI**

<p><b>28.09.2015</b> Monday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE krishna pakshe <b>prathamAyAm (after 8:21 AM)</b> shubha tithou indu vAsara ykthAyAm <b>utharA proshtApAdA</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, <b>prathamAyAm</b> , PuNyathithou</p>
<p><b>29.09.2015</b> Tuesday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>dviteeyAyAm</b> shubha tithou bhouma vAsara ykthAyAm <b>Revathii</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, <b>dviteeyAyAm</b>, PuNyathithou</p>
<p><b>30.09.2015</b> Wednesday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>triteeyAyAm</b> shubha tithou soumya vAsara ykthAyAm <b>Ashvini</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, <b>triteeyAyAm</b>, PuNyathithou</p>
<p><b>1.10.2015</b> Thursday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>chathurthyAm</b> shubha tithou guru vAsara ykthAyAm <b>BharaNi</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, <b>chathurthyAm</b> PuNyathithou</p>



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<p><b>2.10.2015</b> Friday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanyA mAsE Krishna pakshe <b>panchamyAm</b> shubha tithou brugu vAsara ykthAyAm <b>Krithika Upai RohiNi</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam, Asyaam, <b>panchamyAm</b> , PuNyathithou</p>
<p><b>3.10.2015</b> Saturday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanyA mAsE Krishna pakshe <b>sashtamyAm</b> shubha tithou sthira vAsara ykthAyAm <b>RohiNi Upari mrigasheero</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>sashtamyAm</b> PuNyathithou</p>
<p><b>4.10.2015</b> Sunday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanyA mAsE Krishna pakshe <b>saptamyAm</b> shubha tithou bhanu vAsara ykthAyAm <b>AardhrA</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>saptamyAm</b> PuNyathithou</p>
<p><b>5.10.2015</b> Monday (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanyA mAsE Krishna pakshe <b>ashtamyAm</b> shubha tithou induvasara vAsara ykthAyAm <b>Punarvasu</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>ashtamyAm</b> PuNyathithou</p>
<p><b>6.10.2015</b> Tuesday (Kanya) (Daily mahalaya paksha)</p>	<p>Manmatha nAma samvatsare dakshiNAyane varsha rithou kanyA mAsE Krishna pakshe <b>navamyAm</b> shubha tithou bhouma vAsara ykthAyAm <b>Punarvasu</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>navamyAm</b> PuNyathithou</p>





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sankalpam)	
<b>7.10.2015</b> Wednesday (Kanya) (Daily mahalaya paksha sankalpam)	Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>dashamyAm</b> shubha tithou soumya vAsara ykthAyAm <b>PushyA</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>dashamyAm</b> PuNyathithou
<b>8.10.2015</b> Thursday (Kanya) (Daily mahalaya paksha sankalpam)	Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>ekAdashyAm</b> shubha tithou guru vAsara ykthAyAm <b>Asalesha</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>ekAdashyAm</b> PuNyathithou
<b>9.10.2015</b> Friday (Kanya) (Daily mahalaya paksha sankalpam)	Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>dwAdashyam</b> shubha tithou brugu vAsara ykthAyAm <b>MaghA</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>dwAdashyam</b> PuNyathithou
<b>10.10.2015</b> Saturday (Kanya) (Daily mahalaya paksha sankalpam)	Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>thrayodashyAm</b> shubha tithou sthira vAsara ykthAyAm <b>PoorvA PhalguNi</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>thrayodashyAm</b> PuNyathithou
<b>11.10.2015</b> Sunday (Kanya) (Daily mahalaya	Manmatha nAma samvatsare dakshiNAyane varsha rithou kanya mAsE Krishna pakshe <b>chathurdashyAm</b> shubha tithou bhanu vAsara ykthAyAm <b>utharA phalguni</b> nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam <b>chathurdashyAm</b> PuNyathithou





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paksha sankalpam)	
12.10.2015 Monday (Kanya) (Daily mahalaya paksha sankalpam)	Manmatha nAma samvatsare dakshiNAYane varsha rithou kanyA mAsE Krishna pakshe amavasyAyAm shubha tithou indu vAsara ykthAyAm hastha nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam amavasyAyAm PuNyathithou  <b>SARVA PITHRU AMAVASAI</b>  (Conclusion for INDIA)

*The Sankalpams have been compiled to the best of my knowledge! Errors & omissions are excepted!*

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