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## **SAMAVEDA UPAKARMA – SEPTEMBER 16, 2023 (SATURDAY) CANADA & USA HASTHA NAKSHATHARAM , CHATHURTHI THITHI, SHUKLA PAKSHAM**

### **Sama Veda Upakarma Prayoga for the year 2023 (16-09-2023)**

**In** the case of Sama Veda, the upakarma prayogam is very extensive and differs very much from the Upakarma prayoga of Rig and Yajur Vedis. They always do it in Hastha Nakshtra (PuLLayAr Chathurthi day). This year PuLLayAr Chathurthi is on August 30, 2022.

It essentially consists of ten steps in the following order:

- 1.Panchagavya sammelanam
- 2.Snana Mahasankalpam
- 3.Brahmayagnam
4. Punyaham
5. Rishi Pooja (uthsarjana karma)
- 6.Deva,rishi, Pithru Tharpanam (264+12)
7. Ghata Poojai
- 8.Yagnopaveethadhaaranam
- 9.Vedarambam
- 10.Kankanadharanam

The above have to be done with the instruction of a Guru but in modern times when people are scattered all over the world and also because well learned Sama Vedi Purohithas are very scarce, many people are forced to do it in their home depending on some handouts. Since most of the above steps are lengthy and involve proper chanting of Sama Veda Mantras, following three steps of the above 10 are recommended. They are:

- 1.Snana maha Sankalpam,
- 2.Brahma Yagnam
- 3.Yagnopaveetha dharanam

### **MAHAA SANKALPAM**

Do achamanam twice (Aachamya+Wear Pavithram + Put Durbha Aasanam under the legs + Wear Two Dharbha between the Pavithram)Darbeshvaaseena: Darbhaan Dhaaryamaana:  
AUM SUKLAAM BARADHARAM VISHNUM SASHI VARNAM CHATHURBHUJAM PRASANNA  
VADHANAM DHYAAAYETH SARVA VIGHNA UPASHANTHAYE - OM BHUUHU, OM BHUVAHA, OM  
GUM SUVAHA, OM MAHAHA, OM JANAHA, OM THAPAHA, OOGUM SATHYAM OM  
THATSAVITHURVARENYAM BHARGO DEVASYA DEEMAHI DHEEYO-YONA PRACHOTHAYAATH –  
OM AAPO JYOTHEERASO AMRUTHAM BRAHMA BHURBUVASSUVAROM OM OM OM.  
MAMOPAAKTHA SAMASTHA DHURITHA KSHAYADHWARA SRI PARAMESWARA  
PREETHYARTHAM – THADEVA LAGNAM SUDHINAM THADAIVAA, THAARAABALAM



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CHANDRABALAM THADAIVAA, VIDHYAABALAM DAIVABALAM THADAIVAA, SRI  
LAKSHIPATHETHU ANGRUYUGAM SMARAAMI – OM APAVITHRAHAA PAVITHROVAA SARVAA  
VASTHAAM GATHOPIVAA - YASMARETH PUNDAREEKAASHAM - SABAHYAA  
ABHYANTHARAHAA SHUCHIHI MAANASAM VAACHIKAM PAAPAM - KARMANAAM  
SAMUPAARJITHAM - SRI RAMA SMARANENAIVA VYAPOHATHI NA-SAMSHAYAHAA – SRI RAMA,  
RAMA RAMA THITHIR VISHNUHU - THATHAA VAARAHAA NAKSHATRAM VISHNUREVACHAA  
YOGASCHA KARANAM CHAIVAA SARVAM VISHNU MAYAM JAGATH\_. SRI GOVINDAA, GOVINDA  
GOVINDAA – ADHYA SRI BAGAVATHAHAA MAHAAPURUSHASYA AADI VISHNOHO AADI  
NAARAYANASYA ACHINTHYAYAA APARIMITHAYAA SAKTHYAA ABRIYAMAANASYAA MAHAA  
JALOWGASYAA MADHYE PARIBRAMATHAAM ANEKA KOTI BRAHMAANDDAANAAM MADHYE  
YEKATHAME PRITHIVI APTHEJAHAA VAAYUHU AAKAASHA AHANGAARA MAHAD AVYAKTA  
AATMAKAIHI AAVARANAIHI AAVRUTHE ASMIN\_ MAHATHI BRAHMAANDA KARANDA MANDALE  
AADHAARA SHAKTHI KOORMA VARAHA NANDATHI ASHTA DIGGAJOPARI  
PRATHISHTITHAANAAM ATALA-VITALA-SUTHALA- RASAATTHALA THALAATHALA -  
MAHAATHALA-PAATHAALA AKHYAANAAM SAPTHA LOKAANAAM OORDHWA BHAAGE  
BHUVARLOKE SUVARLOKA MAHOLOKA JANOLOKA TAPOLOKA SATYA LOKA AAKHYA LOKA  
SHATKASYA ADHOBHAAGE MAHAA NAALAYAMAANA PHANIRAAJA SESHASYA SAHASRA  
PHANAAMANI MANDALA MANDITHE, DIGDHANTHI SHUNDAA DHANDA UTTAMBITHE LOKAA  
LOKAA CHALENA VALAYITHE, LAVANA IKSHU SURA SARA SARPI DADHI KSHEERA SUDHODAKA  
AARNAVAIHI PARIVRUTHE JAMBU PLAKSHA PUSA KROWNCHA SAKA SAALMALEE  
PUSHKARAAKHYA SAPTA DWEEPAANAAM MADHYE JAMBOO DWEEPE BHAARATA  
KIMPURUSHA HAREELAAVRUTA BHADRAASHWA KETUMAALA HIRANYAKA RAMANAKA KURU  
VARSHA AAKHYA NAVA VARSHAANAAM MADHYE BHAARATA VARSHE INDRA DEEPAKASERU  
TAAMBRA GABHASTI PUNNAAGA GANDHARVA SOWMYA VARUNA BHARATA KHANDAANAAM  
MADHYE BHARATA KHANDE PANCHAASATH KOTI YOJANA VISTEERNA BHUMANDALE  
KARMABHUMOU DANDAKAARANYE SAMA BHUMOU ARDHA REKHAYAA: DAKSHINA DIG  
BHAAGE SRI SAILASYA AAGNEYA DIG BHAAGE RAAMASETO: UTTARA DIGBHAAGE GANGA  
YAMUNA SARASWATI BEEMARATI GOWTAMI NARMADAA GANTAKI KRISHNAVENI  
TUNGABADRA CHANDRABHAAGA MALAAPA: KAAVERI KAPILA TAAMPRAVARNI VEGAVATI  
PINAAKINEE KSHEERA NADI AADI ANEKA MAHAANADEE VIRAAJITE VAARANAASI CHITAMBARA  
SRI SAILA AHOBILA VENKATAACHALA RAAMASETU JAMBUKESWARA KUMBHAKONA  
HAALAASYA GOKARNA ANANTASAYANA GAYAA PRAYAAGAADI ANEKA PUNYA KSHETRA  
PARIVRUTE KAAVERI TEERE SAKALA JAGATU SRUSHTU: PARAARDHA DWYA JEEVINA:

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BRAHMANA: PRATHAME PARAARDHE PANCHAASATH ABDAATMIKE ATEETE DWETEEYE  
PARAARDHE PANCHASSATH

ABDAADOU PRATAME VARSHE PRATAME MAASE PRATAME PAKSHE PRATAME DIWASE AHANI  
DWEETEEYE YAAME TRUTEYE MUHOORTE PAARTIVA KOORMA PRALAYA ANANTA  
SWETAVARAAHA BRAAHMA SAAVITRI AAKHYE SAPTA KALPAANAAM MADHYE SWETA  
VARAAHA KALPE SWAAYAMBHUVVA SWAAROCISHA UTTAMA TAAMASA RAIVATA CHAAKSHU  
SHAAKHYESHU SHASTSU MANUSHU ATEETESHU SAPTAME VAIVASWATA MANVANTARE  
ASHTAAVIGUMSATI TAMEY KALI YUGE PRATAME PAADE YUDHISHTIRA VIKRAMA  
SAALIVA AHANA VIJAYA ABHINANDANA NAGAARJUNA KALI BHUMA AAKHYA SAKA PURUSHA  
MADHYE PARI GANITA SAALIVA AHANA SAKEY BHOWDHA AVATAARE BRAAMHA DAIVA PITRVYA  
PRAAJAAPATYA BAARUSHAPATYA SOWRA CHAANDRA SRAVISHTA NAKSHATRA AAKHYA  
NAVAMAANA MADHYA PARIGANITENAA SOWRA CHAANDRA MAANA DWAYENA  
PRAVARTAMAANE PRABHAVA ADEENAAM SHASHTIYAHA SAMVATSARAANAM MADHYE

#### SANKALPAM

**SHOBHA KRUTH** NAAMA SAMVATSARE, **DAKSHINAYANE**, **VARSHA** RITHOW, **SIMHA** MAASE,  
**SHUKLA** PAKSHE, **DWITHEEYAM** SUBHATHITHOW – VAASARAHA **STHIRA** VASARA  
YUKTHAAYAAM, **HASTHA** NAKSHATRA YUKTHAYAAM - SUBAYOGA, SUBAKARANA SHUBA  
MUHURTE EVAM GUNA VISESHANA VISISHTAAYAAM, ASYAAM DWITHEEYAM SUBHATHITHOW  
MAMO PAAKTHA SAMASTHA DURITA KSHYA DHWAARA SARVA PAPA HARANA NIPUNA SREE  
PAREMESHWARA PREETHYARTHAM

ANAADHI AVIDYA VAASANAYA PRAVARTHAMAANE ASMIN MAHATHI SAMSAARA CHAKRE  
VICHITRAABIHI KARMA GATHIBIHI VICHITRAASU YONISHU PUNA PUNAHA ANEKADHA  
JANITHWA KENAAPI PUNYAKARMA VISESHANA IDHAANEEMDHANA MAANUSHYE MAMAA  
DWIJA JANMA VISESHAM PRAAPTHAVATHAHA MAMAA IHA JANMA PRABHRUTI IHA JANMANI  
POORVA JANMANI JANMA JANMAANTARESHU YETAT KSHANA PARYANTAM BAALYE VAYASI  
KOWMARE YOWVANE VAARDHAKESHA JAAGRATH SWAPNA SUSHUPTI AVASTHAASU MANO  
VAAK KAAYAI: KARMENDRIA GYANENDRIA VYAAPAARASCHA KAAMA KRODHA LOBHA  
MOHAMADHA MATHSARYAADHI SAMBHA AVITAANAAM IHA JANMANI JANMANTHARE CHA  
JNANA AJNANA KRUTAANAAM RAHASYA KRUTAANAAM PRAKAASHA KRUTAANAAM  
BRAHMMA HANANA SURAAPAANA SWARNASTEYA GURUTALPAGAMANA THATSAT SAMSARGA  
AKHYAANAM MAHAAPAATAKAANAAM MAHAA PAATAKA ANUMRUTATVA ADEENAAM ATI  
PAATAKAANAAM SOMAYAAGASTA KSHATRIA VAISYA VADHADEENAAM SAMA  
PAATAKAANAAM GOVADHA ADEENAAM UPAA PAATAKAANAAM MAARJARA VADHA ADEENAAM  
SANKALEE KARANAANAAM KRIMI KEETA VADHA ADEENAAM



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MALINEEKARANAANAAM NINDITHA DHANAA DHAANA UPA JEEVA NAADEENAAM APAATHRI  
KARANAANAAM MADHYA GHRAANA NAADEENAAM JAATI TAATI BHRAMSA KARAANAM  
VIHITAKARMA THYAAGAADEENAAM ABIHITAKARMA AACHARANAANAAM  
PRAKEERNAKAANAAM GNANATAHA SAKRUT KRUTAANAAM AGNAANATAHA ASAKRUT  
KRUTAANAAM ATYANTA ABHYASTAANAAM NIRANTARA ABHYASTAANAAM CHIRAKAALA  
ABHYASTAANAAM PANKIBEDANA SWAAGABEDANA PARAANNABHOJANA SHOODRAPRESHYAA  
HEENAJAADI TASYAA EVAM NAVAANAAM NAVAVIDHAANAAM BHOONAAM  
BAHUVIDHANAAM SARVESHAAM PAAPAANAAM HAVYAHA APANODANA DVAARAA SAMASTA  
PRAPAKSHYAARTHAM MANGALAAMBIKAA SAMEDHA AADIKUMBHESHWARA VISALAAKSHI  
AMBIKA SAMETA KASI VISVESHVARA SWAMI SANNIDHOU SEETHA LAKSHMANA BHARATA  
SHATRUGHANA HANUMAS METHA SRI RAMA CHANDRA SWAMI SANNIDHOU VINAAYAKAADI  
SAMASTA SWAMI SANNI DHOW ASHWATHATHA NARAAYANA SWAMI SANNIDHOU DEVA  
BRAAHMANA SANNIDHOU SAMASTHA HARI HARA DEVATAA SANNIDHOU TRYAA TRIMSATH  
KOTI DEVATHAA SANNIDHOU SRI RUKMANI SATHYABHAMA SAMETHA SRI GOPALA KRISHNA  
SWAMI SANNIDHOU – TAIYASHYAM SRAAVANYAAM POURNAMAASYAAM ADHYAAYA  
UPAAKARMA KARISHYE THADANGAM SRAVANE CHATHURTHYAAM PUNYAKAAL SAREERA  
SHUDHARTAM SHUDDHODHAKA SNANAM AHAM ARISHYE. (Remove the two darbha and put it  
on the north side - You can take the bath now or even do the Prokshanam)

**PUROKSHNA MANTRAM:**

ATHIKROORA MAHAAKAAYA KALPAANTHA DAHANOPAMAA BHAIRAVAAYA NAMASTHUBYAM  
ANUGYAAM DHAATHU MARHASI DURBHOJANA DURAALAAPA DUSHPRATIGRAHA  
SAMBHAVAM PAAPAMHARA MAMAKSHIPRAM SAHYAKANYE NAMOSTUTE TRUHAATRAM  
JAANNAVITEERE PANCHARAATHRANTU YAAMUNE SADYAHA PUNAATU KAAVERI PAAPAM  
AAMARNAANDHIKAM GANGA GANGETI YO BHRUYAAT YOJANAANAAM SATAIRAPI MUCHYATE  
SARVA PAAPEBHYAHA VISHNU LOKAM SAGACHATI APOHISHTA MAYO BHUVAHA STHAANA  
OORJE DADHATANA MAHERANAYA CHAKSHUSHE YOUVAHA SHIVATA MORASAHA TASYA  
BHAJAYATE HANAHA USHA TEERIVA MAATARAHA TASMAAHA ARANGA MAMAVAHA YAS  
YAKSHYAYAA JINVATA AAP: JANAYATA JANAHA BHOORBHAVASUVAHA OM  
BHOORBHAVASUVAHA GOVINDHANAMA SAMKEERTHANAM - GOVINDA! GOVINDA