



**SAMAVEDA UPAKARMA – SEPTEMBER 16, 2023 (SATURDAY) INDIA
HASTHA NAKSHATHARAM , THRUTHEEYA THITHI, SHUKLA PAKSHAM**

Sama Veda Upakarma Prayoga for the year 2023 (16-09-2023)

In the case of Sama Veda, the upakarma prayogam is very extensive and differs very much from the Upakarma prayoga of Rig and Yajur Vedis. They always do it in Hastha Nakshtra (PuLLayAr Chathurthi day). This year PuLLayAr Chathurthi is on August 30, 2022.

It essentially consists of ten steps in the following order:

- 1.Panchagavya sammelanam
- 2.Snana Mahasankalpam
- 3.Brahmayagnam
4. Punyaham
5. Rishi Pooja (uthsarjana karma)
- 6.Deva,rishi, Pithru Tharpanam (264+12)
7. Ghata Poojai
- 8.Yagnopaveethadhaaranam
- 9.Vedarambam
- 10.Kankanadharanam

The above have to be done with the instruction of a Guru but in modern times when people are scattered all over the world and also because well learned Sama Veda Purohithas are very scarce, many people are forced to do it in their home depending on some handouts. Since most of the above steps are lengthy and involve proper chanting of Sama Veda Mantras, following three steps of the above 10 are recommended. They are:

- 1.Snana maha Sankalpam,
- 2.Brahma Yagnam
- 3.Yagnopaveetha dharanam

MAHAA SANKALPAM

Do achamanam twice (Achamya+Wear Pavithram + Put Durbha Aasanam under the legs + Wear Two Dharbha between the Pavithram)Darbeshvaaseena: Darbhaan Dhaaryamaana:
AUM SUKLAAM BARADHARAM VISHNUM SASHI VARNAM CHATHURBHUJAM PRASANNA
VADHANAM DHYAAAYETH SARVA VIGHNA UPASHANTHAYE - OM BHUUHU, OM BHUVAHA, OM
GUM SUVAHA, OM MAHAHA, OM JANAHA, OM THAPAHA, OOGUM SATHYAM OM
THATSAVITHURVARENYAM BHARGO DEVASYA DEEMAHI DHEEYO-YONA PRACHOTHAYAATH –
OM AAPO JYOTHEERASO AMRUTHAM BRAHMA BHURBUVASSUVAROM OM OM OM.
MAMOPAAKTHA SAMASTHA DHURITHA KSHAYADHWARA SRI PARAMESWARA
PREETHYARTHAM – THADEVA LAGNAM SUDHINAM THADAIVAA, THAARAABALAM



CHANDRABALAM THADAIVAA, VIDHYAABALAM DAIVABALAM THADAIVAA, SRI
LAKSHIPATHETHU ANGRUYUGAM SMARAAMI – OM APAVITHRAHAA PAVITHROVAA SARVAA
VASTHAAM GATHOPIVAA - YASMARETH PUNDAREEKAASHAM - SABAHYAA
ABHYANTHARAHAA SHUCHIHI MAANASAM VAACHIKAM PAAPAM - KARMANAAM
SAMUPAARJITHAM - SRI RAMA SMARANENAIVA VYAPOHATHI NA-SAMSHAYAHAA – SRI RAMA,
RAMA RAMA THITHIR VISHNUHU - THATHAA VAARAHAA NAKSHATRAM VISHNUREVACHAA
YOGASCHA KARANAM CHAIVAA SARVAM VISHNU MAYAM JAGATH_. SRI GOVINDAA, GOVINDA
GOVINDAA – ADHYA SRI BAGAVATHAHAA MAHAAPURUSHASYA AADI VISHNOHO AADI
NAARAYANASYA ACHINTHYAYAA APARIMITHAYAA SAKTHYAA ABRIYAMAANASYAA MAHAA
JALOWGASYAA MADHYE PARIBRAMATHAAM ANEKA KOTI BRAHMAANDDAANAAM MADHYE
YEKATHAME PRITHIVI APTHEJAHAA VAAYUHU AAKAASHA AHANGAARA MAHAD AVYAKTA
AATMAKAIHI AAVARANAIHI AAVRUTHE ASMIN_ MAHATHI BRAHMAANDA KARANDA MANDALE
AADHAARA SHAKTHI KOORMA VARAHA NANDATHI ASHTA DIGGAJOPARI
PRATHISHTITHAANAAM ATALA-VITALA-SUTHALA- RASAATTHALA THALAATHALA -
MAHAATHALA-PAATHAALA AKHYAANAAM SAPTHA LOKAANAAM OORDHWA BHAAGE
BHUVARLOKE SUVARLOKA MAHOLOKA JANOLOKA TAPOLOKA SATYA LOKA AAKHYA LOKA
SHATKASYA ADHOBHAAGE MAHAA NAALAYAMAANA PHANIRAAJA SESHASYA SAHASRA
PHANAAMANI MANDALA MANDITHE, DIGDHANTHI SHUNDAA DHANDA UTTAMBITHE LOKAA
LOKAA CHALENA VALAYITHE, LAVANA IKSHU SURA SARA SARPI DADHI KSHEERA SUDHODAKA
AARNAVAIHI PARIVRUTHE JAMBU PLAKSHA PUSA KROWNCHA SAKA SAALMALEE
PUSHKARAAKHYA SAPTA DWEEPAANAAM MADHYE JAMBOO DWEEPE BHAARATA
KIMPURUSHA HAREELAAVRUTA BHADRAASHWA KETUMAALA HIRANYAKA RAMANAKA KURU
VARSHA AAKHYA NAVA VARSHAANAAM MADHYE BHAARATA VARSHE INDRA DEEPAKASERU
TAAMBRA GABHASTI PUNNAAGA GANDHARVA SOWMYA VARUNA BHARATA KHANDAANAAM
MADHYE BHARATA KHANDE PANCHAASATH KOTI YOJANA VISTEERNA BHUMANDALE
KARMABHUMOU DANDAKAARANYE SAMA BHUMOU ARDHA REKHAYAA: DAKSHINA DIG
BHAAGE SRI SAILASYA AAGNEYA DIG BHAAGE RAAMASETO: UTTARA DIGBHAAGE GANGA
YAMUNA SARASWATI BEEMARATI GOWTAMI NARMADAA GANTAKI KRISHNAVENI
TUNGABADRA CHANDRABHAAGA MALAAPA: KAAVERI KAPILA TAAMPRAVARNI VEGAVATI
PINAAKINEE KSHEERA NADI AADI ANEKA MAHAANADEE VIRAAJITE VAARANAASI CHITAMBARA
SRI SAILA AHOBILA VENKATAACHALA RAAMASETU JAMBUKESWARA KUMBHAKONA
HAALAASYA GOKARNA ANANTASAYANA GAYAA PRAYAAGAADI ANEKA PUNYA KSHETRA
PARIVRUTE KAAVERI TEERE SAKALA JAGATU SRUSHTU: PARAARDHA DWYA JEEVINA:



BRAHMANA: PRATHAME PARAARDHE PANCHASATH ABDAATMIKE ATEETE DWETEEYE
PARAARDHE PANCHASSATH

ABDAADOU PRATAME VARSHE PRATAME MAASE PRATAME PAKSHE PRATAME DIWASE AHANI
DWEETEEYE YAAME TRUTEYE MUHOORTE PAARTIVA KOORMA PRALAYA ANANTA
SWETAVARAAHA BRAAHMA SAAVITRI AAKHYE SAPTA KALPAANAAM MADHYE SWETA
VARAAHA KALPE SWAAYAMBHUVVA SWAAROCISHA UTTAMA TAAMASA RAIVATA CHAAKSHU
SHAAKHYESHU SHASTSU MANUSHU ATEETESHU SAPTAME VAIVASWATA MANVANTARE
ASHTAAVIGUMSATI TAMEY KALI YUGE PRATAME PAADE YUDHISHTIRA VIKRAMA
SAALIVA AHANA VIJAYA ABHINANDANA NAGAARJUNA KALI BHUMA AAKHYA SAKA PURUSHA
MADHYE PARI GANITA SAALIVA AHANA SAKEY BHOWDHA AVATAARE BRAAMHA DAIVA PITRVYA
PRAAJAAPATYA BAARUSHAPATYA SOWRA CHAANDRA SRAVISHTA NAKSHATRA AAKHYA
NAVAMAANA MADHYA PARIGANITENAA SOWRA CHAANDRA MAANA DWAYENA
PRAVARTAMAANE PRABHAVA ADEENAAM SHASHTIYAHA SAMVATSARAANAM MADHYE

SANKALPAM

SHOBHA KRUTH NAAMA SAMVATSARE, DAKSHINAYANE, VARSHA RITHOW, SIMHA MAASE, SHUKLA PAKSHE, PRATHAMYAAM (upto 9:17 AM), thereafter DWITHEEYAM SUBHATHITHOW
– VAASARAHA **STHIRA** VASARA YUKTHAAYAAM, **HASTHA** NAKSHATRA YUKTHAYAAM -
SUBAYOGA, SUBAKARANA SHUBA MUHURTE EVAM GUNA VISESHANA VISISHTAAYAAM,
ASYAAM DWITHEEYAM SUBHATHITHOW MAMO PAAKTHA SAMASTHA DURITA KSHYA
DHWAARA SARVA PAPA HARANA NIPUNA SREE PAREMESHWARA PREETHYARTHAM
ANAADHI AVIDYA VAASANAYA PRAVARTHAMAANE ASMIN MAHATHI SAMSARA CHAKRE
VICHITRAABIHI KARMA GATHIBIHI VICHITRAASU YONISHU PUNA PUNAHA ANEKADHA
JANITHWA KENAAPI PUNYAKARMA VISESHANA IDHAANEEMDHANA MAANUSHYE MAMAA
DWIJA JANMA VISESHAM PRAAPTHAVATHAHA MAMAA IHA JANMA PRABHRUTI IHA JANMANI
POORVA JANMANI JANMA JANMAANTARESHU YETAT KSHANA PARYANTAM BAALYE VAYASI
KOWMARE YOWVANE VAARDHAKESHA JAAGRATH SWAPNA SUSHUPTI AVASTHAASU MANO
VAAK KAAYAI: KARMENDRIA GYANENDRIA VYAAPAARASCHA KAAMA KRODHA LOBHA
MOHAMADHA MATHSARYAADHI SAMBHA AVITAANAAM IHA JANMANI JANMANTHARE CHA
JNANA AJNANA KRUTAANAAM RAHASYA KRUTAANAAM PRAKAASHA KRUTAANAAM
BRAHMMA HANANA SURAAPAANA SWARNASTEYA GURUTALPAGAMANA THATSAT SAMSARGA
AKHYAANAM MAHAAPAATAKAANAAM MAHAA PAATAKA ANUMRUTATVA ADEENAAM ATI
PAATAKAANAAM SOMAYAAGASTA KSHATRIA VAISYA VADHADEENAAM SAMA
PAATAKAANAAM GOVADHA ADEENAAM UPA PAATAKAANAAM MAARJARA VADHA ADEENAAM
SANKALEE KARANAANAAM KRIMI KEETA VADHA ADEENAAM



MALINEEKARANAANAAM NINDITHA DHANAA DHAANA UPA JEEVA NAADEENAAM APAATHRI
KARANAANAAM MADHYA GHRAANA NAADEENAAM JAATI TAATI BHRAMSA KARAANAM
VIHITAKARMA THYAAGAADEENAAM ABIHITAKARMA AACHARANAANAAM
PRAKEERNAKAANAAM GNANATAHA SAKRUT KRUTAANAAM AGNAANATAHA ASAKRUT
KRUTAANAAM ATYANTA ABHYASTAANAAM NIRANTARA ABHYASTAANAAM CHIRAKAALA
ABHYASTAANAAM PANKIBEDANA SWAAGABEDANA PARAANNABHOJANA SHOODRAPRESHYAA
HEENAJAADI TASYAA EVAM NAVAANAAM NAVAVIDHAANAAM BAHOONAAM
BAHUVIDHANAAM SARVESHAAM PAAPAANAAM HAVYAHA APANODANA DVAARAA SAMASTA
PRAPAKSHYAARTHAM MANGALAAMBIKAA SAMEDHA AADIKUMBHESHWARA VISAALAAKSHI
AMBIKA SAMETA KASI VISVESHVARA SWAMI SANNIDHOU SEETHA LAKSHMANA BHARATA
SHATRUGHANA HANUMAS METHA SRI RAMA CHANDRA SWAMI SANNIDHOU VINAAYAKAADI
SAMASTA SWAAMI SANNI DHOW ASHWATHATHA NARAAYANA SWAMI SANNIDHOU DEVA
BRAAHMANA SANNIDHOU SAMASTHA HARI HARA DEVATAA SANNIDHOU TRYAA TRIMSATH
KOTI DEVATHAA SANNIDHOU SRI RUKMANI SATHYABHAMA SAMETHA SRI GOPALA KRISHNA
SWAMI SANNIDHOU – TAIYASHYAM SRAAVANYAAM POURNAMAASYAAM ADHYAAYA
UPAAKARMA KARISHYE THADANGAM SRAVANE CHATHURTHYAAM PUNYAKAALE SAREERA
SHUDHARTAM SHUDDHODHAKA SNANAM AHAM ARISHYE. (Remove the two darbha and put it
on the north side - You can take the bath now or even do the Prokshanam)

PUROKSHNA MANTRAM:

ATHIKROORA MAHAAKAAYA KALPAANTHA DAHANOPAMAA BHAIRAVAAYA NAMASTHUBYAM
ANUGYAAM DHAATHU MARHASI DURBHOJANA DURAALAAPA DUSHPRATIGRAHA
SAMBHAVAM PAAPAMHARA MAMAKSHIPRAM SAHYAKANYE NAMOSTUTE TRUHAATRAM
JAANNAVITEERE PANCHARAATHRANTU YAAMUNE SADYAHA PUNAATU KAAVERI PAAPAM
AAMARNAANDHIKAM GANGA GANGETI YO BHRUYAAT YOJANAANAAM SATAIRAPI MUCHYATE
SARVA PAAPEBHYAHA VISHNU LOKAM SAGACHATI APOHISHTA MAYO BHUVAHA STHAANA
OORJE DADHATANA MAHERANAYA CHAKSHUSHE YOUVAHA SHIVATA MORASAHA TASYA
BHAJAYATE HANAHA USHA TEERIVA MAATARAHA TASMAAHA ARANGA MAMAVAHA YAS
YAKSHYAYAA JINVATA AAP: JANAYATA JANAHA BHOORBHAVASUVAHA OM
BHOORBHAVASUVAHA GOVINDHANAMA SAMKEERTHANAM - GOVINDA! GOVINDA